



## BREAKFAST

### GLUTEN FREE FULL ENGLISH

Gluten free pork sausage, two rashers of bacon, grilled tomatoes, hash brown, portobello mushroom, beans, GF toast & a choice of fried or poached eggs 10.75

### ✓ GLUTEN FREE ASSORTED TOAST

Two slices of GF white toast and two slices of GF granary, butter & strawberry jam or marmalade 4.95

#### Optional Extras:

|          |      |                |      |
|----------|------|----------------|------|
| MUSHROOM | 1.50 | AVOCADO        | 2.25 |
| BEANS    | 1.50 | ROASTED TOMATO | 1.50 |
| EGG      | 1.50 |                |      |

## MAINS

### THREE EGG OMELETTE

Served with dressed side salad and skin-on chips 8.55

#### Optional Extras:

|          |      |              |      |
|----------|------|--------------|------|
| HAM      | 2.50 | SPINACH      | 1.50 |
| MUSHROOM | 1.50 | SALMON       | 3.00 |
| CHEESE   | 1.50 | CREAM CHEESE | 1.50 |
| ONION    | 1.50 | CHIVES       | 1.50 |

## FLATBREADS

### STEAK & RED ONION

Prime rump steak on a toasted Gluten Free flatbread with rocket & red onion, served with a blue cheese dressing 13.95

### GRILLED CHICKEN TIKKA

Sliced chicken tikka on a toasted Gluten Free flatbread with baby leaf salad & coriander, topped with a yoghurt & mint dressing 12.95

### ✓ MEXICAN

A mix of beans, onions, peppers & garlic on a toasted Gluten Free flatbread with fresh spinach, coriander & avocado 11.55

# THE GARDEN ROOM GLUTEN FREE MENU

## SANDWICHES & WRAPS

All served on gluten free bread with a dressed balsamic side salad & crisps

|  |      |
|--|------|
| ✓ MATURE CHEDDAR CHEESE & CARMELISED ONION CHUTNEY | 8.75 |
| HAM & CHEESE                                       | 9.25 |
| TUNA MAYONNAISE & CUCUMBER                         | 8.75 |
| OPEN PRAWN MARIE-ROSE & AVOCADO                    | 9.75 |
| ✓ EGG MAYONNAISE                                   | 8.75 |

## JACKET POTATOES

All served with a dressed side salad

|                                       |      |
|---------------------------------------|------|
| ✓ MATURE CHEDDAR CHEESE & COLESLAW    | 9.25 |
| CORONATION CHICKEN                    | 9.75 |
| TUNA MAYONNAISE                       | 9.25 |
| PRAWN MARIE-ROSE                      | 9.75 |
| ✓ MATURE CHEDDAR CHEESE & BAKED BEANS | 9.25 |

## SIDES

|                                    |                          |
|------------------------------------|--------------------------|
| ✓ GARDEN SALAD                     | 4.75                     |
| ✓ SKIN-ON CHIPS WITH TOMATO RELISH | SMALL 3.25<br>LARGE 4.95 |

## DESSERTS

Ask at the counter for our selection of gluten free cakes & chocolates!



## FOOD ALLERGENS

Food Allergies and Intolerances - Please speak to our staff about the ingredients in your meal. We cannot 100% guarantee that our premises are gluten and nut free.